



AEF MASSAGE
RELAX. REFRESH. RECHARGE.

General Liability Release Form

By signing below, I, _____ agree to the following:

- I give permission to receive the massage therapy.
- I understand that therapeutic massage is not a substitute for traditional medical treatment or medications.
- I understand that the massage therapist does not diagnose illnesses or injuries or prescribe medications.
- I have permission from my physician to receive massage therapy.
- I understand the risks associated with massage therapy include, but are not limited to:
 - Superficial bruising
 - Short-term muscle soreness
 - Exacerbation of undiscovered injury

I therefore release AEF Massage and massage therapist from all liability concerning these injuries that may occur during the massage session.

- I understand the importance of informing my massage therapist of all medical conditions and medications I am taking, and to let the massage therapist know about any changes to these. I understand that there may be additional risks based on my physical condition.
- I understand that it is my responsibility to inform my massage therapist of any discomfort I may feel during the massage session, so he may adjust accordingly.
- I understand that I or the massage therapist may terminate the session at any time.
- I have been given a chance to ask questions about the massage therapy session and my questions have been answered.

Client's Signature

Date